



# **Orange High School Athletics – 2024-2025**

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Gerald Fitzhugh, II, Ed.D., Superintendent of Schools  
Jason Belton, Principal, Orange High School  
Anthony Frantantoni, Assistant Principal of Athletics & Academics



# Meeting Agenda

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- **Introductions**
- **Athletic Offerings at OHS**
- **Eligibility Requirements for Student-Athletes**
- **NCAA Eligibility and Information**
- **OHS Athletics - Website & Social Media**



# **Mr. Anthony Frantantoni**

**Assistant Principal of Athletics & Academics - OHS**

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- **BS - Exercise Science & Sport Studies – Rutgers Univ.**
  - **Minor: Business Marketing & Nutrition**
- **MLS - Health & Human Performance - FHSU**
- **MA - Educational Leadership – St. Peter's College**
- **Teacher at OHS since 2006**
- **Wrestling coach for 12+ years (2007-2013 at OHS)**
  - **Youth Football, Wrestling, Baseball**
- **Certified Personal Trainer and Olympic Lifting Coach - 20+ years**
- **Certified Athletic Administrator - March 2023**
  - **National Interscholastic Athletic Administrators Association**



# **Mr. Anthony Frantantoni**

**Assistant Principal of Athletics & Academics - OHS**

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## **▪ Responsibilities at OHS**

- Supervise the OHS Health & Phys Ed Department**
- Supervise the OHS Visual & Performing Arts Department**
- Grade Level Administrator - data, testing, discipline, fundraising, etc. for the Class of 2025**
- OHS Safety & Security and Facilities**
- OHS Athletics:**
  - Athletic scheduling, transportation, officials, security, requisitions for 18 sports with multiple levels**
  - Academic & eligibility review of student-athletes**
  - SEC Executive Committee**
  - SEC/ECADA Tournament Committee**
  - SEC Sportsmanship Committee**
  - SFC Executive Committee**



# **OHS Athletic Department**

**[www.orange.k12.nj.us/domain.93](http://www.orange.k12.nj.us/domain.93)**

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- **Mr. Edwin Vasquez - Site Manager & Security**
- **Ms. Margarita Morfin - Athletic Trainer**
- **TBD - Athletic Administrative Assistant**



# ORANGE HIGH SCHOOL ATHLETICS

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## Why Athletics?

Athletics is a VEHICLE

*It provides student-athletes with many opportunities*

- Provide students with the opportunity to grow, learn, achieve, and fail in a supportive environment.
  - We either win or we LEARN
- Develop skills and habits that will help during their lifetime:
  - Leadership
  - Teamwork
  - Communication
  - Perseverance & Grit
  - Self-Esteem & Self-Confidence
  - Sportsmanship



# ORANGE HIGH SCHOOL ATHLETICS

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## Why Athletics?

### Athletics is a VEHICLE

- Research shows that student-athletes have higher GPAs, test scores, and college admission rates.
- Student-athletes have a significantly higher graduation rate, attendance rate, and lower suspension/disciplinary issues.
- Opportunities for scholarships, financial assistance at colleges and universities
- Athletics as a career opportunity is more than just playing on the field and also provide a network to tap in your profession



# ORANGE HIGH SCHOOL ATHLETICS

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## Why Athletics?

Athletics is a VEHICLE....

Academics is the ENGINE.

- A quality education is what will truly put in you in the driver's seat to your best opportunities.



**2024-25**  
**Athletics at OHS**

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- **Fall 2024**
  - **Football (V - JV)**
  - **Boys Soccer (V - JV)**
  - **Girls Soccer (V)**
  - **Girls Volleyball (V - JV - F)**
    - **Cheer**
  - **Girl Tennis (*JV -new 2024*)**



**2024-25**  
**Athletics at OHS**

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- **Winter 2024-25**
  - **Girls Basketball (V - JV)**
  - **Boys Basketball (V - JV -F)**
    - **Wrestling (V)**
  - **Indoor Track B & G (V)**
    - **Cheer**



**2024-25**  
**Athletics at OHS**

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**▪ Spring 2025**

- Softball (V)**
- Baseball (V)**
- Boys Volleyball (V - JV - F)**
- Outdoor Track B & G (V)**
- Boys Tennis (JV)**
- Girls Flag Football (V)**



# Eligibility Requirements for all Student-Athletes

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## NJSIAA ELIGIBILITY

1. To be eligible for athletic competition during the first semester (September 1 to January 31) a pupil must have passed 25% of the credits (30) required by the State of New Jersey for graduation (120), during the immediately preceding academic year.
2. To be eligible for athletic competition during the second semester (Feb. 1 to June 30), a pupil must have passed the equivalent of 12.5% of the credits (15) required by New Jersey for graduation (120) at the close of the preceding semester (Jan. 31). Full-year courses shall be equated as one-half of the total credits to be gained for the full year to determine credits passed during the immediately preceding semester.



# Eligibility Requirements for all Student-Athletes

## ATHLETIC PARTICIPATION IS A PRIVILEGE, NOT A RIGHT

- Completion of the Athletic Registration process on the OHS Athletics Website covers the items listed below every school year:
  - <https://www.orange.k12.nj.us/domain/93>
- **NJSIAA & OPS/OHS Athletic-Academic Policies**
- NJSIAA Steroid Policy Form
- Concussion Policy Acknowledgment Form
- Opioid Use & Misuse Fact Sheet
- Team Rules Form
- Athletic Code of Conduct
- Comprehensive Insurance Acknowledgement Form
- Pre-Participation Physical/Examination Form (Completed by Parent/Guardian)
- Physical Evaluation Form (Completed by Medical Doctor)



# Eligibility Requirements for all Student-Athletes

## ATHLETIC PARTICIPATION IS A PRIVILEGE, NOT A RIGHT

- *By completing the Athletic Registration, both the student-athlete and parent/guardian agree to, and will abide, by these academic responsibilities.*
  - ABIDE BY ALL NJSIAA AND OPS/OHS ATHLETICS ATHLETIC-ACADEMIC ELIGIBILITY POLICES.
    - ATHLETIC-ACADEMIC ELIGIBILITY POLICY
  - MAINTAIN GOOD ACADEMIC STANDING IN ALL CLASSES THROUGHOUT THE SCHOOL YEAR, INCLUDING ATTENDANCE AND TIMELINESS
  - STUDENT-ATHLETES WITH FAILURES IN CURRENT/PREVIOUS MARKING PERIOD(S) ARE SUBJECT TO CONSEQUENCES, INCLUDING EXCLUSION FROM PRACTICES, GAMES, AND/OR REMOVAL FROM THE TEAM.
  - ANY STUDENT-ATHLETES WITH FAILURES IN PREVIOUS MARKING PERIODS WILL BE REQUIRED TO ATTEND ATHLETIC-TUTORING.
  - IF STUDENT-ATHLETES ARE NOT ATTENDING MANDATORY TUTORING, CONSEQUENCES WILL BE ISSUED, INCLUDING EXCLUSION FROM PRACTICES, GAMES, AND/OR REMOVAL FROM THE TEAM.



# Eligibility Requirements for all Student-Athletes

## ATHLETIC PARTICIPATION IS A PRIVILEGE, NOT A RIGHT

- **Physicals:** all participants must have a physical on file with the Athletic Trainer. The OHS Athletic Department will offer free physicals several times during the year. If you miss the date, you must get a physical from your personal doctor. Physical are valid for one calendar year.
- **Google Classroom:** Please join your team's Google Classroom page. This is where most communication will take place between the Athletic Department, coaches, and student-athletes. These links are posted on the OHS Athletic website.
- **Band:** OHS Athletics will be moving from Reming to Band. The OHS Athletics Band is posted on the OHS Athletic website. Team specific Bands are found in respective Google Classrooms



# Eligibility Requirements for all Student-Athletes

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ATHLETIC PARTICIPATION IS A PRIVILEGE, NOT A RIGHT

- There is a reason why you are called *student-athletes*:
  - *Being a student comes FIRST.*
- Students who are not academically eligible will not compete on any Orange High School Athletic team.
- There will be MANDATORY athletic tutoring for all student-athletes that are struggling and failing in academic courses.
- Student-athletes will have 5 dedicated tutors available to them during the school year. OHS is also partnering with TutorMe, a live 24-hour tutoring service available to all students at no cost.
- Guidance counselors will monitor teams, update coaches on grades & attendance, and keep student-athletes on track for graduation.



# NCAA Eligibility

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<https://web3.ncaa.org/ecwr3/>

- Do you want to play sports in college?
- Have you visited the NCAA Eligibility Center website?
  - Create an account and/or Profile page!
- Most students at OHS qualify for a fee-waiver



# NCAA Eligibility

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<https://web3.ncaa.org/ecwr3/>

- What is the percentage of high school student-athletes playing an NCAA sport in college?
- Overall approx. 7% of HS student-athletes play for an NCAA program. Only 2% play for a Div-1 school



# NCAA Eligibility

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<https://web3.ncaa.org/ecwr3/>

- What is the percentage of NCAA athletes that go Pro?
  - Overall approx. 2% of NCAA Athletes make it to a Major Professional league



# NCAA Recruiting Facts

College sports create a pathway to opportunity for student-athletes.

## Division I

On average, Division I schools enroll the most students, manage the largest athletics budgets, offer a wider variety of academic programs and provide the most athletics scholarships and additional financial support.

### PARTICIPATION

**188,373**

Student-Athletes

**351**

Colleges and Universities

### ATHLETICS SCHOLARSHIPS

**58%**

of all student-athletes receive some level of athletics aid.

### ACADEMICS

2023 Graduation Success Rate



### OTHER STATS

**8,500**

Median Undergraduate Enrollment

**19**

Average Number of Teams per School

**5%**

Percentage of Student Body Participating in Sports

**26\***

Division I National Championships

## Division II

Division II provides growth opportunities through academic achievement, high-level athletics competition and community engagement. Many participants are first-generation college students.

### PARTICIPATION

**133,059**

Student-Athletes

**293**

Colleges and Universities

### ATHLETICS SCHOLARSHIPS

**67%**

of all student-athletes receive some level of athletics aid.

### ACADEMICS

2023 Academic Success Rate



### OTHER STATS

**2,300**

Median Undergraduate Enrollment

**16**

Average Number of Teams per School

**11%**

Percentage of Student Body Participating in Sports

**25\***

Division II National Championships

## Division III

The Division III experience provides an integrated environment that focuses on academic success while offering competitive athletics and meaningful nonathletics opportunities.

### PARTICIPATION

**202,230**

Student-Athletes

**430**

Colleges and Universities

### FINANCIAL AID

**80%**

of all student-athletes receive some form of academic scholarship or need-based grant.

### ACADEMICS

2023 Academic Success Rate



### OTHER STATS

**1,700**

Median Undergraduate Enrollment

**19**

Average Number of Teams per School

**17%**

Percentage of Student Body Participating in Sports

**28\***

Division III National Championships



**Want to  
play NCAA  
sports?**

Visit [ncaa.org/  
playcollegesports](https://ncaa.org/playcollegesports)

Graduation rate for student-athletes include those who transfer from one school to another.

*Revised Fall 2023:*

The number of schools for each division is current as of the 2023-24 academic year. This does not include reclassifying, provisional or exploratory schools. Student-athlete participation numbers include NCAA championship sports only and are current as of the 2022-23 academic year.

\* Each division also participates in 11 cross divisional National Collegiate Championships.



# Facts About NCAA Sports

## Does the NCAA award athletics scholarships?

Individual schools award athletics scholarships. NCAA Division I and II schools provide more than \$3.8 billion in athletics scholarships annually to over 195,000 student-athletes. While Division III schools do not offer athletics scholarships, 80% of Division III student-athletes receive some form of merit or need-based financial aid.

## Do many high school athletes earn athletics scholarships?

Very few, in fact. Only about 2% of high school athletes are awarded athletics scholarships to compete in college.

## Do NCAA student-athletes have difficulty meeting graduation requirements with the time demands of their sport?

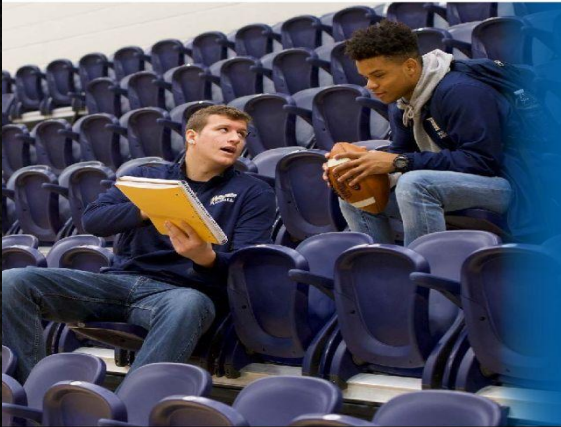
Overall, student-athletes graduate at higher rates than their peers in the student body, and those rates rise each year. [Click here](#) for more information on graduation rates.

## Do many NCAA student-athletes go on to play professionally?

Of the student-athletes participating in college sports with professional leagues, less than 2% become professional athletes. In reality, most student-athletes depend on academics to prepare them for life after college. Education is important. There are over 500,000 NCAA student-athletes, and most of them will go pro in something other than sports.

Estimated Probability Of Competing In Athletics Beyond High School						
	All Sports	Men's Basketball	Women's Basketball	Football	Baseball	Men's Ice Hockey
High School Student-Athletes	7,200,000	540,800	399,100	1,006,000	482,700	35,300
NCAA Student-Athletes	499,000	18,800	16,500	73,700	36,000	4,300
High School to NCAA	7%	3.5%	4.1%	7.3%	7.5%	12.3%
NCAA to Major Professional*	2%	1.2%	0.8%	1.6%	9.9%	7.4%

\*Percent NCAA to major professional figures are based on the number of draft picks made in the NBA, WNBA, NFL, MLB and NHL drafts.



**More than 500,000 Student-Athletes**  
**20,000 Teams**  
**3 Divisions**  
**1 Association**



# NCAA Eligibility

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<https://web3.ncaa.org/ecwr3/>

- What are the academic requirements to play on an NCAA team?
  - Division 1 - 2.3 in Core Course
  - Division 2 - 2.2 in Core Course

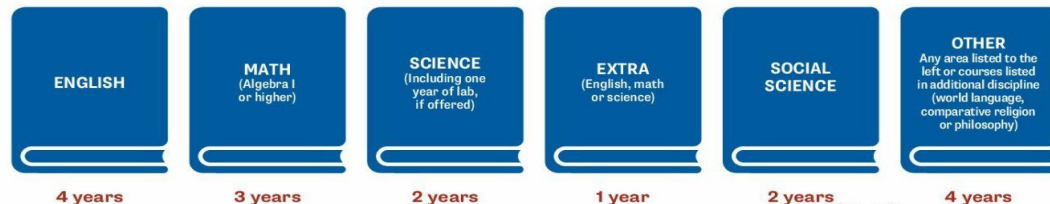


# Division I Academic Standards

**Division I schools** require you to meet academic standards. To be eligible to practice, compete and receive an athletics scholarship in your first year of full-time enrollment, you must meet the following requirements:



1. Earn 16 NCAA-approved core-course credits in the following areas:



2. Complete your 16 NCAA-approved core-course credits in eight academic semesters or four consecutive academic years from the start of ninth grade. If you graduate from high school early, you still must meet core-course requirements.
3. Complete 10 of your 16 NCAA-approved core-course credits, including seven in English, math or science, before the start of your seventh semester. Once you begin your seventh semester, any course needed to meet the 10/7 requirement cannot be replaced or repeated.
4. Earn a minimum 2.3 **core-course GPA**.
5. Ask your high school counselor to upload your **final official transcript** with proof of graduation to your Eligibility Center account.

## EARLY ACADEMIC QUALIFIER

If you meet **specific criteria** after six semesters of high school, you may be deemed an early academic qualifier for Division I and may practice, compete and receive an athletics scholarship during your first year of full-time enrollment.

## QUALIFIER

You may practice, compete and receive an athletics scholarship during your first year of full-time enrollment.

## ACADEMIC REDSHIRT

You may practice during your first regular academic term and receive an athletics scholarship during your first year of full-time enrollment but may NOT compete during your first year of full-time enrollment. You must pass either eight quarter or nine semester hours to practice in the next term.

## NONQUALIFIER

You will not be able to practice, compete or receive an athletics scholarship during your first year of full-time enrollment.



ELIGIBILITY CENTER

1



ELIGIBILITY CENTER

2

GRADE  
**9**  
REGISTER

- » If you haven't yet, **register** for a free Profile Page account at [eligibilitycenter.org](https://eligibilitycenter.org) for information on NCAA initial-eligibility requirements.
- » Use NCAA Research's **interactive map** to help locate NCAA schools you're interested in attending.
- » Find your high school's list of NCAA-approved core courses at [eligibilitycenter.org/courselist](https://eligibilitycenter.org/courselist) to ensure you're taking the right courses, and earn the best grades possible!

GRADE  
**10**  
PLAN

- » If you're being actively recruited by an NCAA school and have a Profile Page account, **transition** it to the required **certification account**.
- » Monitor the **task list** in your NCAA Eligibility Center account for next steps.
- » At the end of the school year, ask your high school counselor from each school you attend to upload an official transcript to your Eligibility Center account.
- » If you fall behind academically, ask your high school counselor for help finding **approved courses** you can take.

GRADE  
**11**  
STUDY

- » Ensure your **sports participation** information is correct in your Eligibility Center account.
- » Check with your high school counselor to make sure you're on track to complete the required number of NCAA-approved **core courses** and graduate on time with your class.
- » Share your **NCAA ID** with NCAA schools recruiting you so each school can place you on its **institutional request list**.
- » At the end of the school year, ask your high school counselor from each school you attend to upload an official transcript to your Eligibility Center account.

GRADE  
**12**  
GRADUATE

- » **Request your final amateurism certification** beginning April 1 (fall enrollees) or Oct. 1 (winter/spring enrollees) in your Eligibility Center account at [eligibilitycenter.org](https://eligibilitycenter.org).
- » Apply and be accepted to the NCAA school you plan to attend.
- » Complete your final NCAA-approved **core courses** as you prepare for graduation.
- » After you graduate, ask your high school counselor to upload your final **official transcript** with proof of graduation to your Eligibility Center account.

How to plan your high school courses to meet the 16 core-course requirement:

**4 x 4 = 16**

9 <sup>th</sup> GRADE	10 <sup>th</sup> GRADE	11 <sup>th</sup> GRADE	12 <sup>th</sup> GRADE
(1) English (1) Math (1) Science (1) Social Science and/or other	(1) English (1) Math (1) Science (1) Social Science and/or other	(1) English (1) Math (1) Science (1) Social Science and/or other	(1) English (1) Math (1) Science (1) Social Science and/or other
4 CORE COURSES	4 CORE COURSES	4 CORE COURSES	4 CORE COURSES

## CONTACT THE NCAA ELIGIBILITY CENTER

U.S. and Canada (except Quebec):  
877-262-1492 (toll free), Monday-Friday  
9 a.m. to 5 p.m. Eastern time  
International (including Quebec):  
[on.ncaa.com/IntlContact](https://on.ncaa.com/IntlContact)



[@ncaaec](https://twitter.com/ncaaec) [@ncaaec](https://youtube.com/ncaaec) [@ncaaec](https://facebook.com/ncaaec) [@ncaaec](https://instagram.com/ncaaec) [@play.collegesports](https://play.collegesports.com)



# Division II Academic Standards

**Division II schools** require you to meet academic standards. To be eligible to practice, compete and receive an athletics scholarship in your first year of full-time enrollment, you must meet the following requirements:

1. Earn 16 NCAA-approved core-course credits in the following areas:

ENGLISH	MATH (Algebra I or higher)	SCIENCE (Including one year of lab, if offered)	EXTRA (English, math or science)	SOCIAL SCIENCE	OTHER Any area listed to the left or courses listed in additional discipline (world language, comparative religion or philosophy)
3 years	2 years	2 years	3 years	2 years	4 years

2. Earn a minimum 2.2 **core-course GPA**.

3. Ask your high school counselor to upload your **final official transcript** with proof of graduation to your Eligibility Center account.

## EARLY ACADEMIC QUALIFIER

If you meet **specific criteria** after six semesters of high school, you may be deemed an early academic qualifier for Division II and may practice, compete and receive an athletics scholarship during your first year of full-time enrollment.

## QUALIFIER

You may practice, compete and receive an athletics scholarship during your first year of full-time enrollment.

## PARTIAL QUALIFIER

You may practice and receive an athletics scholarship but may NOT compete during your first year of full-time enrollment.



NCAA DIVISION II  
**MAKE IT YOURS**

GRADE  
**9**  
REGISTER

- » If you haven't yet, **register** for a free Profile Page account at [eligibilitycenter.org](https://eligibilitycenter.org) for information on NCAA initial-eligibility requirements.
- » Use NCAA Research's **interactive map** to help locate NCAA schools you're interested in attending.
- » Find your high school's list of NCAA-approved core courses at [eligibilitycenter.org/courselist](https://eligibilitycenter.org/courselist) to ensure you're taking the right courses, and earn the best grades possible!

GRADE  
**10**  
PLAN

- » If you're being actively recruited by an NCAA school and have a Profile Page account, **transition** it to the required **certification account**.
- » Monitor the **task list** in your NCAA Eligibility Center account for next steps.
- » At the end of the school year, ask your high school counselor from each school you attend to upload an official transcript to your Eligibility Center account.
- » If you fall behind academically, ask your high school counselor for help finding **approved courses** you can take.

GRADE  
**11**  
STUDY

- » Ensure your **sports participation** information is correct in your Eligibility Center account.
- » Check with your high school counselor to make sure you're on track to complete the required number of NCAA-approved **core courses**.
- » Share your **NCAA ID** with NCAA schools recruiting you so each school can place you on its **institutional request list**.
- » At the end of the school year, ask your high school counselor from each school you attend to upload an official transcript to your Eligibility Center account.

GRADE  
**12**  
GRADUATE

- » **Request your final amateurism certification** beginning April 1 (fall enrollees) or Oct. 1 (winter/spring enrollees) in your Eligibility Center account at [eligibilitycenter.org](https://eligibilitycenter.org).
- » Apply and be accepted to the NCAA school you plan to attend.
- » Complete your final NCAA-approved **core courses** as you prepare for graduation.
- » After you graduate, ask your high school counselor to upload your final **official transcript** with proof of graduation to your Eligibility Center account.

How to plan your high school courses to meet the 16 core-course requirement:

**4 x 4 = 16**

**9<sup>th</sup> GRADE**

(1) English  
(1) Math  
(1) Science  
(1) Social Science and/or other

**4 CORE COURSES**

**10<sup>th</sup> GRADE**

(1) English  
(1) Math  
(1) Science  
(1) Social Science and/or other

**4 CORE COURSES**

**11<sup>th</sup> GRADE**

(1) English  
(1) Math  
(1) Science  
(1) Social Science and/or other

**4 CORE COURSES**

**12<sup>th</sup> GRADE**

(1) English  
(1) Math  
(1) Science  
(1) Social Science and/or other

**4 CORE COURSES**

## CONTACT THE NCAA ELIGIBILITY CENTER

U.S. and Canada (except Quebec):  
877-262-1492 (toll free), Monday-Friday  
9 a.m. to 5 p.m. Eastern time  
International (including Quebec):  
[on.ncaa.com/IntlContact](https://on.ncaa.com/IntlContact)



@ncaaec @ncaaec @ncaaec @playcollegesports



# Division III Amateurism Standards

**International college-bound student-athletes** (first-year enrollees and transfers) who initially enroll full time at an NCAA **Division III** school on or after Aug. 1, 2023, must have their **amateur status** certified by the NCAA Eligibility Center. (Academic documents may be requested to establish your official graduation timeline for amateurism certification purposes.)



**DIVISION III**  
DISCOVER | DEVELOP | DEDICATE

## ADDITIONAL INFORMATION

You must be on a Division III school's **institutional request list** before your certification will be started.

## Three Easy Steps

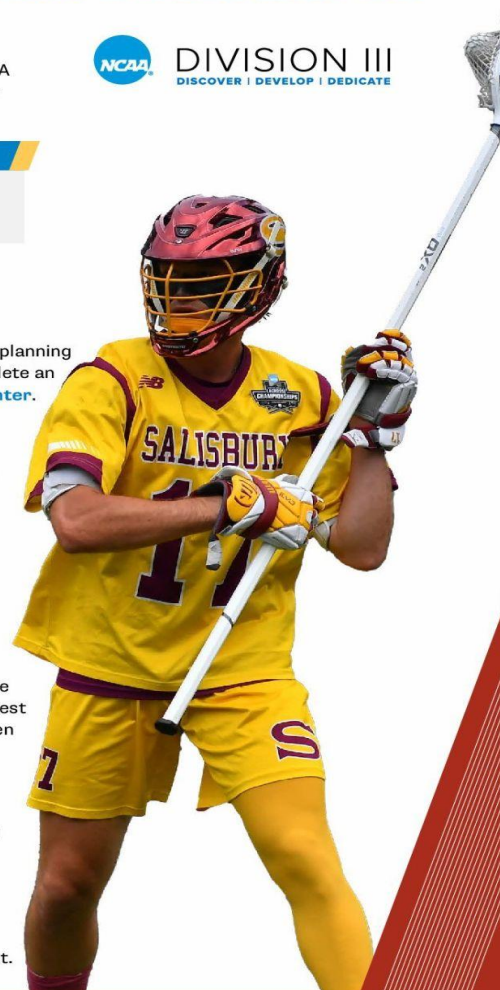
**1 Create Your Account**  
International student-athletes (first-year enrollees and transfers) planning to study and compete at a Division III school are required to complete an **Amateurism-Only Certification account** with the **Eligibility Center**.

**2 Enter Your Information**  
When you register for an Amateurism-Only Certification account with the Eligibility Center, you will be asked a series of questions about your **sports participation** to determine your amateur status. In some instances, the Eligibility Center may need to gather additional information to evaluate your amateur status.

**3 Request Your Final Amateurism Certification**  
You must **request your final amateurism certification** through your Eligibility Center account; the Eligibility Center cannot finalize your amateurism certification without your request. You can request your final amateurism certification even if other tasks are still open in your account. When you can request your final amateurism certification depends on when you are initially enrolling full time at a Division III school:

**Fall Enrollment:** If you are initially enrolling at a Division III school in the fall semester, you may request a final amateurism certification on or after April 1 prior to enrollment.

**Winter/Spring Enrollment:** If you are initially enrolling at a Division III school in the spring semester, you may request a final amateurism certification on or after Oct. 1 prior to enrollment.



## CONTACT THE NCAA ELIGIBILITY CENTER

U.S. and Canada (except Quebec):  
877-262-1492 (toll free), Monday-Friday  
9 a.m. to 5 p.m. Eastern time

International (including Quebec):  
[on.ncaa.com/IntlContact](https://on.ncaa.com/IntlContact)



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ELIGIBILITY CENTER

NCAA is a trademark of the National Collegiate Athletic Association. September 2023.



# **ORANGE HIGH SCHOOL ATHLETICS**

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## **OHS Athletics - Where to Find Us Online**

- **OHS Athletic Website**
  - **Social Media:**
    - **Instagram**
    - **Twitter**
    - **Facebook**



# ORANGE HIGH SCHOOL ATHLETICS

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## OHS Athletic Website

Computer Navigation

Mobile Navigation



# ORANGE HIGH SCHOOL ATHLETICS

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## Parents and Family:

**To be successful, student-athletes must work as a team.**

**To ensure their success, WE must work as a team. Please check the Parent Portal on a regular basis to see how your child is doing academically. Join their Google Classroom pages, both academic and athletic. Communicate with teachers, counselors, coaches, and administrators.**



# ORANGE HIGH SCHOOL ATHLETICS

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WE ARE PROUD.  
WE ARE ONE.  
WE ARE  
TORNADOES!!!!

